

Beef Chili – 15 Mins

For PHI

4 servings

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6 oz can tomato sauce

½ can Rotelli Sauce (mild)

Heat in separate saucepan on stove

¼ cup diced onion

¼ cup diced green pepper

Coat skillet with pan spray. Saute in skillet till translucent

½ lb ground beef

Add to cooked onions and peppers in skillet, cook thoroughly, drain fat (if needed)

½ can Kidney Beans, drained

½ can Pinto or assorted beans (if desired)

Add to cooked beef in skillet and simmer 3 minutes or until beans are heated.

Add heated tomato sauce to skillet mixture.

Garlic Powder

Chili Powder

Cumin

Worcestershire

Beef Base (or salt)

Season to taste

If too thick add water or beef stock.

Simmer (if time allows)

Top with shredded cheese and sour cream at service.